

[00:00:01.03] - Speaker 1

I remember writing this little story when I was in school, in elementary school, about where it was from off. This call is from an inmate at a federal prison. I always had a little imagination, but when I was growing up, we moved a lot. I lived in South Carolina, Georgia, and I've been to a lot of schools, so I never really got to be stable at one school and just grow up. You know what I'm saying? Friends. But I've been in jail since I was 16. I'm 21 now. My life haven't really been that way, for real. I'm 16. I came in at 16, so I didn't really get the spurns too much.

[00:00:52.15] - Speaker 3

I hear somebody's voice check and just... Put it anywhere. Put it anywhere, yeah.

[00:00:57.21] - Speaker 2

And then they take you, and then you're like...

[00:00:59.13] - Speaker 3

I know, that's the crazy thing. When I write, it's like a clarity that comes to me and helps me just put the words that I want to be heard on paper.

[00:01:17.10] - Speaker 1

You know what I'm saying? It's easier for me to write, I guess. Instead of me struggling and it grabs all my thoughts, just write them on paper. Sometimes when you write, you will write something that you normally won't say to someone else. You know what I'm saying? Like a diary. So poetry is really good escape from your mind and a good outlet for you to vent your anger, your frustration, and your sadness. And any emotion that you feel is a good way to put some emotions into words. It's really therapeutic, and it helps with your mind.

[00:01:51.19] - Speaker 2

Peace by Raphael. You ever went through something so painful, you I'd rather sleep than be awake? I'm not talking about physical pain, but mental pain. There's more at stake. When I sleep, it's so pleasant, I don't want to wake. When I'm woke, it's so painful, I can't think straight. I don't know what to do. I just want to go home. I just want peace. Just want to be left alone. When I sleep, I'm free of this madness that's going on. When I sleep, I'm free with my family. I don't want to wait. Is that wrong?

[00:02:39.11] - Speaker 1

Somebody even told me that someone went on a phone and asked phone reminds me of something about shaking. You know what I'm saying? Or somebody else. So they just definitely helped me a lot. It makes me feel wonderful. I love the feedback. It makes me want to write more..